

# SMART BACK-TO-SCHOOL BUDGETING ESSENTIAL TIPS FOR PARENTS

As summer winds down, parents and children alike begin to prepare for the upcoming school year. The excitement of new classes, teachers, and friends often comes with the stress of back-to-school shopping. With the right approach, however, you can manage these expenses efficiently. Here's how to create a back-to-school budget that keeps your finances in check while ensuring your child has everything they need.





#### 1. Assess Your Needs and Make a List

Before you hit the stores, take inventory of what your child already has. Clothes, school supplies, and tech gadgets from last year might still be in good condition and reusable. Once you have a clear picture, make a list of what's genuinely needed. This prevents impulse buying and helps you stay focused.

## 2. Set a Realistic Budget

Determine how much you can afford to spend without straining your finances. Factor in all potential costs, including school supplies, clothing, extracurricular fees, and any new tech your child may need. Once you have a total, break it down by category to keep track of spending more easily.

## 3. Look for Sales and Discounts

Timing your shopping can lead to significant savings. Many retailers offer back-to-school sales, often starting in July and running through September.

# 4. Involve Your Child in Budgeting

Teaching your child about budgeting can be a valuable lesson. Involve them in the process by explaining the budget and showing them how to prioritize needs over wants. This not only educates them about financial responsibility but also helps manage their expectations.

## 5. Reuse and Recycle

Encourage your child to reuse items from the previous school year. Notebooks with unused pages, last year's backpack, or binders in good condition can help cut costs. Personalizing or decorating reused items can make them feel new and exciting.

# 6. Plan for Ongoing Expenses

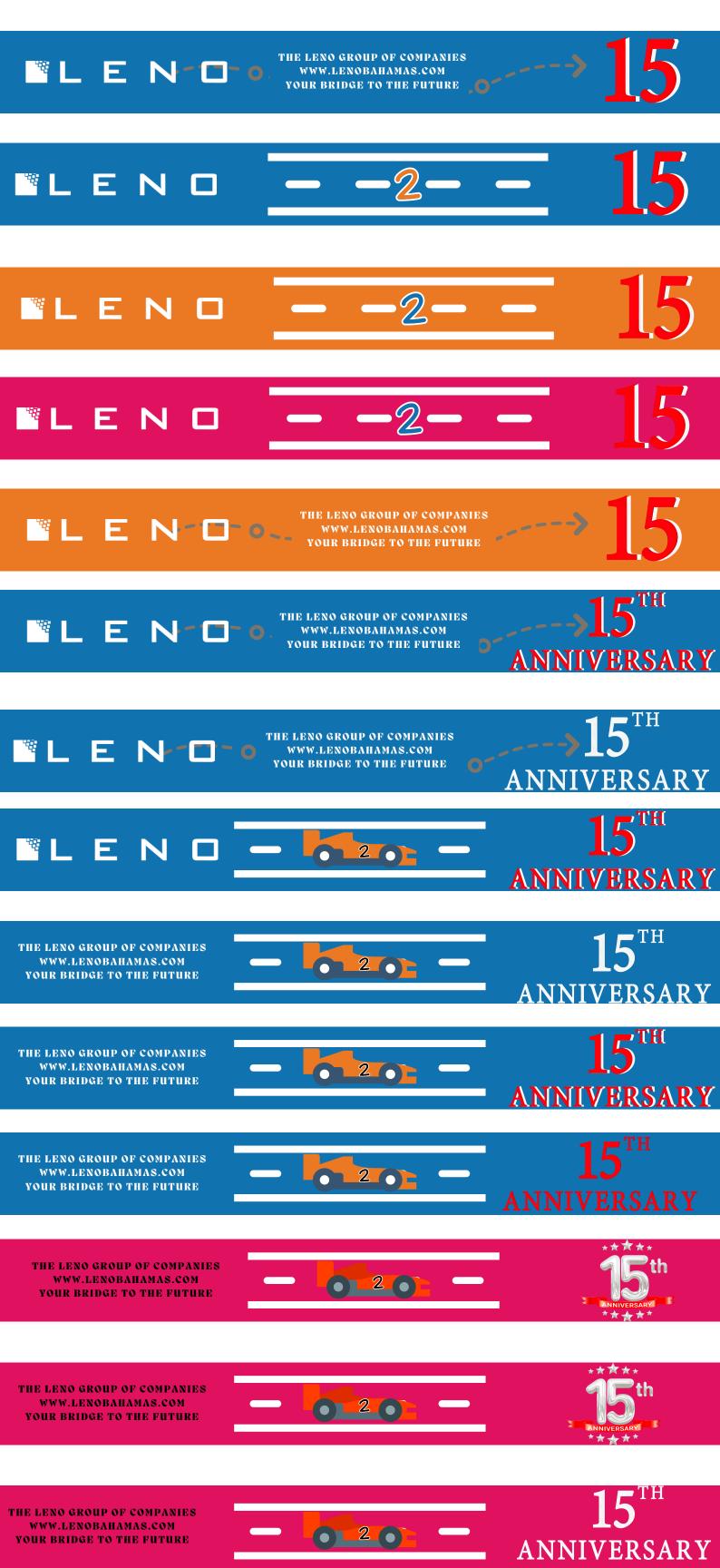
Back-to-school shopping isn't a one-time event. Throughout the year, you'll likely need to purchase additional supplies, pay for field trips, and cover extracurricular activities. Set aside a small portion of your budget for these ongoing expenses to avoid surprises.

### 7. Track Your Spending

Keep receipts and track your spending against your budget. This helps you stay accountable and provides a clear picture of where your money is going. Adjust your budget as necessary to reflect any changes or unexpected expenses.

### Conclusion

A well-planned back-to-school budget helps reduce financial stress and ensures your child starts the school year prepared. By assessing needs, setting realistic limits, and taking advantage of sales, you can manage your expenses wisely. Involving your child in the process also teaches them valuable financial skills that will benefit them in the long run. Happy shopping and best wishes for the upcoming school year!



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